

AT THE KNIPPENBERG CENTER FOR EDUCATION LAURELWOOD ARBORETUM

GENTLE CHAIR YOGA

Tara Temple
500 hour Certified Yoga Teacher, 800 hour Yoga Therapist

Mondays | 10:00 am June 12 - October 30

\$10 Laurelwood Members / \$15 Non Members
Pay at the door

(No pre-registration required)



Laurelwood Arboretum Knippenberg Center for Education 725 Pines Lake Drive West, Wayne, NJ 07470 laurelwoodarboretum.org