



AT THE KNIPPEBERG CENTER FOR EDUCATION
LAURELWOOD ARBORETUM

GENTLE CHAIR YOGA

Tara Temple

500 hour Certified Yoga Teacher, 800 hour Yoga Therapist

Mondays | 10:00 am

June 12 - October 30

\$10 Laurelwood Members / \$15 Non Members

Pay at the door

(No pre-registration required)