



AT THE KNIPPEBERG CENTER FOR EDUCATION  
LAURELWOOD ARBORETUM

## GENTLE CHAIR YOGA

Patricia Engrissei, RYT 200, YACEP

**Wednesdays 10:30 am**

*10 Week Sessions*

**1st session begins June 1**

**2nd session begins August 24**

*Single Session:*

\$5 Laurelwood Members /\$10 Non-Members

*10 Session Pass:*

\$40 Laurelwood Members

*(No preregistration necessary)*